



## **OUR SCHOOL CURRICULUM**

**Ballet ~** The Vermont Center for Dance Education is proud to include the AMERICAN BALLET THEATRE® National Training Curriculum, a breakthrough 9 level program that combines high quality artistic training with the basics of dancer health and child development. The ABT® National Training Curriculum consists of a comprehensive set of age-appropriate, outcome-based guidelines to provide the highest quality ballet training to dance students of all ages and skill levels. Pre-Primary through Level Five will be taught by ABT® Certified Teacher, Stefania Nardi, who has successfully completed the ABT® Teacher Training Intensive in Pre-Primary through Level Seven of the ABT® National Training Curriculum.

**Contemporary ~** Contemporary combines jazz, ballet and modern techniques. This class is only open to students, age 10 and up, who have previous dance experience.

**Modern ~** This course encourages expression and freedom of movement by incorporating improvisation in the class. Previous and/or concurrent ballet training is recommended.

**Jazz ~** Jazz technique including funk, theater dance, lyrical, and hip-hop. Previous and/or concurrent ballet training is recommended.

**Tap ~** Traditional techniques are taught emphasizing the clearness and separation of the tap sounds, exact timing and style.